

Place	No.	Name		Club	Time
1	137	Adam	Holland	Tavistock AC	53:40.5
2	50	Stephen	Cameron	Bideford AAC	53:49.5
3	46	Adam	Buckley		54:25.2
4	31	Lewis	Keywood		54:27.0
5	26	James	Blight	Tamar Trotters	55:03.2
6	297	James	Woolf	South West Road Runners	55:28.8
7	41	Steve	Brown	Bitton Road Runners	55:47.2
8	27	Hayden	Bond	Okehampton RC	56:02.2
9	220	Darren	Powell	South West Road Runners	56:51.6
10	18	James	Benham	South West Road Runners	57:16.1
11	204	Joanne	Page	Okehampton Running Club	57:19.3
12	22	Dan	Bickford-Beers	Run Torbay	57:33.5
13	145	Preecha	Intamart	Riviera Racers	57:35.2
14	223	Charlie	Ramsdale	MudCrew Running	57:40.8
15	113	Ian	Gronwalt	PB Running Club	58:10.3
16	80	Andrew	Dudley	Devon & Cornwall Police AC	58:16.6
17	300	Dan	Wride		58:28.7
18	13	Stuart	Batten	South Devon AC	58:33.5
19	90	Damian	Fletcher		58:36.7
20	97	Barry	Frost	South West Road Runners	59:04.5
21	194	Richard	Moule		59:05.7
22	32	Simon	Bonfield	Abergele Harriers	59:14.4
23	288	Paul	Williams		59:21.6
24	219	James	Pickman		59:32.6
25	182	Adam	Marsh		59:33.8
26	95	Andrew	Fox	Teignbridge Trotters	59:39.7
27	12	Paul	Bartlett		59:40.6
28	278	Hannah	Warne		59:43.3
29	225	Chris	Randall		59:53.1
30	110	Carl	Green		59:55.7
31	14	Elizabeth	Bebbington	Torbay AAC	59:56.3
		Jolly	Running Express		1:00:06
32	195	Alex	Munro	Riviera Racers	1:00:18.4
33	213	Karl	Pearson	Plymstock Road Runners	1:00:35.2
34	38	Mark	Bricknell		1:00:36.6
35	165	Terry	Kirby	Bitton Road Runners	1:00:40.5

36	9	Chris	Babb		1:00:44.3
37	144	Tom	Hutton		1:00:49.7
38	209	Paul	Parker	Exeter Harriers	1:00:50.4
39	178	Tom	MacTaggart	Teignbridge Trotters	1:00:51.1
40	127	Julie	Hedges	South West Road Runners	1:00:54.8
41	276	Hannah	Walters	Erme Valley Harriers	1:00:59.0
42	156	Jonno	Johnson	South West Road Runners	1:01:00.3
43	269	Adam	Turner		1:01:02.7
44	92	Oliver	Follows		1:01:05.3
45	192	John	Morton		1:01:08.0
46	158	Dean	Jones	Lordshill Road Runners	1:01:11.6
47	131	Andy	Henworth	Run Torbay	1:01:25.0
48	206	Colin	Palmer	Storm Plymouth	1:01:30.2
49	267	Daniel	Trafford		1:01:35.4
50	255	Richard	Stone	South West Road Runners	1:01:37.9
51	283	Derek	Weeks	South Hams Hash House Harriers	1:01:38.7
52	214	Cris	Peck	Tamar Trotters	1:01:39.6
53	89	Andrew	Ferguson	MudCrew Running	1:01:45.4
54	59	Ed	Cockburn	Minster Milers	1:01:50.7
55	157	Andy	Johnson	Dawlish Coasters	1:01:51.4
56	93	Jennifer	Forbes	Carn Runners	1:01:59.6
57	69	Nicky	Cunningham		1:02:06.9
58	122	Colin	Harvey		1:02:08.8
59	135	Katie	Hine		1:02:12.3
60	189	Jon	Meek		1:02:21.3
61	234	Neil	Rutley	Teignbridge Trotters	1:02:28.5
62	265	Steve	Tordini		1:02:30.3
63	70	Sue	Curry		1:02:38.3
64	307	Kav	Solder	Torbay AC	1:02:41.6
65	56	Rachel	Clayton		1:02:52.6
66	285	Rob	White		1:02:57.5
67	180	Kev	Manning		1:03:06.0
68	261	Daryl	Thorp-Jones		1:03:16.1
69	34	Matthew	Botting	Torbay Tri Club	1:03:21.3
70	235	Bon	Rymel	Teignbridge Trotters	1:03:26.5
71	274	Mark	Vincombe		1:03:31.5
72	123	Lucy	Hawkes		1:03:36.8

73	296	Matthew	Witt		1:03:39.3
74	169	Kate	Lenthall	Teignbridge Trotters	1:03:40.8
75	217	Jessica	Perriss	Riviera Racers	1:03:47.6
76	52	Andy	Campbell		1:03:49.0
77	37	Gary	Brenton	Torbay Tri Club	1:03:57.1
78	130	Philip	Henley		1:04:04.1
79	236	Matteo	Sabatini		1:04:07.5
80	98	Helen	Frow		1:04:08.6
81	291	Tracey	Williams		1:04:15.6
82	308	Simon	Loten		1:04:16.8
83	201	Christopher	Norman	Torbay AAC	1:04:28.5
84	305	Roland	Young		1:04:31.0
85	247	Lucy	Sizer		1:04:32.8
86	141	Ryan	Huntington		1:04:40.9
87	79	Deborah	Drake	Torbay AAC	1:04:43.5
88	47	Simon	Bunday	Dawlish Coasters	1:04:56.5
89	233	Steve	Rowe	Torbay AAC	1:05:01.8
90	136	John	Holland	Teignbridge Trotters	1:05:04.9
91	67	Olivia	Crowe		1:05:30.0
92	248	Adam	Sizer		1:05:32.6
93	260	Georgina	Thomas		1:05:39.5
94	218	Fiona	Phelps	Tamar Trotters	1:05:47.4
95	120	Cassandra	Harrison	Torbay AAC	1:05:55.4
96	24	Katie	Blackwood	Storm Plymouth	1:05:59.8
97	301	Chris	Wride	Teignbridge Trotters	1:06:02.8
98	76	Brent	Dicks	Honiton RC	1:06:14.2
99	49	Sarah	Caisley		1:06:19.7
100	7	Bryan	Arundell		1:06:20.3
101	259	Mark	Tait	South West Road Runners	1:06:57.4
102	84	Andrew	Embury		1:07:06.2
103	191	Stephen	Moakes	Tiverton Harriers	1:07:07.1
104	293	Stacy	Willis	Slinn Allstars	1:07:17.3
105	253	John	Stewart		1:07:22.6
106	249	Timothy	Sleath		1:07:29.9
107	125	Ross	Hawkins		1:07:36.1
108	88	Tasmin	Felstead		1:07:36.9
109	211	Jess	Parsons		1:07:49.6

110	181	Sonja	Manton		1:08:01.9
111	63	Sean	Corbett	Honiton RC	1:08:23.6
112	146	Mike	Irwin		1:08:26.1
113	147	Karen	Irwin	Looe Pioneers Running Club	1:08:27.5
114	290	Paul	Williams	Vegan Runners UK	1:08:28.1
115	258	Caroline	Tait	South West Road Runners	1:08:29.7
116	73	Phil	Davey		1:08:46.5
117	17	Lisa	Belsten	Run Torbay	1:08:48.6
118	2	Tanya	Alexander	Holbeton Harriers	1:09:16.4
119	184	Vicky	Mayling		1:09:29.4
120	273	Naomi	Vinecombe		1:09:30.6
121	4	Lee	Allsopp		1:09:33.0
122	246	Katy	Shoemith	Bitton Road Runners	1:09:54.3
123	207	Michael	Palmer	East Cornwall Harriers	1:09:56.4
124	245	Peter	Sherborne		1:10:08.3
125	177	Mark	Luscombe	Torbay AAC	1:10:22.6
126	23	Lisa	Birch	Bere Alston Trekkers	1:10:28.1
127	??	Unknown	Unkown		1:10:46.7
128	43	Danny	Brown	Teignbridge Trotters	1:10:50.7
129	134	Sarah	Hine		1:10:51.4
130	263	Richard	Tilley		1:10:53.8
131	106	Kate	Goord		1:10:55.1
132	54	Jo	Church	Tamar Trotters	1:10:55.6
133	57	Steve	Cluney		1:10:56.5
134	15	Billie	Beesley		1:11:12.8
135	270	Chris	Underwood		1:11:29.3
136	200	Rachel	Nicholls		1:11:34.9
137	128	Jack	Helliar		1:11:39.7
138	174	Anita	Ley	Torbay AAC	1:11:40.9
139	140	Gemma	Hughes		1:11:42.6
140	256	Jennie	Strugnell		1:11:43.1
141	196	Lucy	Nelson	Riviera Racers	1:11:50.7
142	193	Judy	Moule		1:11:55.9
143	62	Michelle	Coles	South Devon AC	1:12:29.0
144	221	Trevor	Powell	Woodford Green AC with Essex Ladies	1:12:43.1
145	299	Valerie	Worthington		1:12:50.5
146	42	Sue	Brown	Teignbridge Trotters	1:12:52.6

147	116	Rebecca	Hall		1:12:58.9
148	186	Abigail	McNab		1:13:08.8
149	129	Peter	Hendy-Ibbs		1:13:39.2
150	28	Helene	Bond	Crediton Running Network	1:13:40.5
151	71	Paul	Darlow		1:14:02.8
152	149	Anny	James	Pershore Plum Plodders	1:14:16.1
153	292	Alaine	Willis		1:14:17.0
154	239	Trudy	Saxton	South West Road Runners	1:14:34.1
155	228	Miranda	Rickard		1:14:37.4
156	268	Sue	Tremlett	Teignbridge Trotters	1:14:46.0
157	19	Colin	Bickerstaff		1:15:28.5
158	20	Donna	Bickerstaff		1:15:29.5
159	203	Karen	O'Brien	Teignbridge Trotters	1:15:30.9
160	199	Robbie	Newton		1:15:36.3
161	96	Kathy	French		1:15:37.0
162	303	Rich	Yeo		1:15:39.4
163	244	Julian	Settington		1:15:46.9
164	16	Isobelle	Belcher		1:15:54.0
165	302	Grahame	Wright		1:15:55.8
166	114	George	Grundy		1:16:40.6
167	231	Erica	Ross		1:16:44.3
168	21	Kate	Bickerstaffe		1:16:51.6
169	232	Claire	Rouse	Honiton RC	1:16:59.4
170	280	Andrew	Way	Tri-Hards Gents	1:17:01.1
171	112	Andrew	Grinter	Chard RRC	1:17:06.9
172	271	Pip	Vanham	Honiton RC	1:17:19.1
173	298	Katie	Woolf		1:17:38.0
174	304	Barbara	Young	Brixham Harriers	1:17:51.3
175	124	Rena	Hawkins		1:17:56.1
176	264	Jackie	Tordini	Women on the Run	1:18:18.5
177	287	Alan	Wickenden	Chard Crew Running Club	1:18:19.3
178	30	Nicky	Bonfield		1:18:31.3
179	118	Jordan	Harris		1:18:37.1
180	107	Melanie	Goslin	Dawlish Coasters	1:18:53.0
181	161	Marie	Jones	Dartmouth AAC	1:18:55.7
182	51	Donna	Campbell	Crediton Running Network	1:19:19.0
183	190	Paul	Mitchell	Riviera Racers	1:19:21.1

184	151	Rebecca	Jarrett		1:19:28.3
185	152	Carl	Jarrett		1:19:28.8
186	171	Guy	Levell		1:19:31.2
187	226	Luke	Rendle		1:19:58.7
188	139	Ed	Hounsell	Teignbridge Trotters	1:19:59.3
189	227	Hannah	Reynolds	Lonely Goat RC	1:20:04.5
190	237	Michele	Sandhu	Torbay AAC	1:20:08.2
191	238	Martin	Saxton	South West Road Runners	1:20:12.0
192	306	Sarah	Young		1:20:18.1
193	35	Claire	Bradshaw		1:20:27.2
194	183	Anna	Masefield		1:20:35.8
195	284	Susanne	Westgate	Teignbridge Trotters	1:20:36.7
196	179	Sarah	Manning		1:20:49.3
197	75	Beverley	Dennis	Teignbridge Trotters	1:21:12.1
198	61	Nanya	Coles		1:21:16.9
199	164	Tony	King	Aspire Running Events	1:21:37.5
200	3	Sara	Allen	Teignbridge Trotters	1:21:42.0
201	55	Amy	Clarke		1:21:47.6
202	252	Sonia	Stevens		1:21:48.2
203	163	Amy	Kemp	Crediton Running Network	1:22:00.7
204	222	Gemma	Radcliffe	Torbay AAC	1:22:09.1
205	104	Hannah	Gilby		1:22:21.7
206	103	Mick	Gates		1:23:12.0
207	250	Rowena	Slyfield	Crediton Running Network	1:24:13.0
208	102	Tracey	Garland	Storm Plymouth	1:24:14.2
209	159	Michelle	Jones	Storm Plymouth	1:24:21.5
210	160	Martin	Jones	Storm Plymouth	1:24:22.2
211	275	Katrina	Vollentine		1:24:33.7
212	53	Rachel	Carter	Torbay Tri Club	1:24:34.5
213	281	Rebecca	Webber		1:24:35.7
214	11	Alice	Barker	Torbay AAC	1:24:49.3
215	295	Deb	Winship	Women on the Run	1:25:03.5
216	81	Julia	Dukes	Wells City Harriers	1:25:04.4
217	68	David	Cubberley	South Devon AC	1:25:17.0
218	1	Jenny	Alexander		1:26:03.8
219	154	Yasemin	Jeffrey	Teignbridge Trotters	1:26:05.0
220	133	Natalie	Higgs		1:26:05.7

221	74	Felicity	Davies		1:26:06.5
222	138	Melanie	Hooper		1:26:09.3
223	8	Sally	Ashmore		1:26:29.6
224	64	Mary	Cornish		1:26:31.4
225	294	Yvette	Willis	Slinn Allstars	1:26:36.7
226	272	David	Vigg	Holbeton Harriers	1:26:38.4
227	77	Andy	Distin	Teignbridge Trotters	1:27:04.5
228	25	Angela	Blakesley	Teignbridge Trotters	1:27:52.8
229	251	Becky	Smith		1:27:53.3
230	254	Sharon	Still	Teignbridge Trotters	1:28:10.8
231	243	Steve	Senior		1:28:21.0
232	94	Jane	Forder	Tamar Trotters	1:29:08.6
233	58	Sandy	Cluney		1:29:09.4
234	60	Lynn	Coffman	Tamar Trotters	1:29:10.1
235	198	Anita	Newcombe	Riviera Racers	1:29:16.3
236	187	Elaine	Medway		1:29:21.2
237	36	Lizzie	Brayley	Women on the Run	1:29:44.4
238	210	Liz	Parris	Chard Crew Running Club	1:29:46.2
239	240	Pete	Scoble		1:29:53.9
240	224	Chrissie	Randall		1:30:04.9
241	170	Amy	Lethbridge		1:30:06.9
242	172	Julie	Lewis		1:30:07.4
243	65	Dawn	Cossins	Chard Crew Running Club	1:30:16.5
244	289	Fiona	Williams		1:30:17.4
245	176	Mike	Lucas		1:30:34.5
246	44	Tracey	Bruce		1:30:35.2
247	101	Andrew	Gardner		1:31:11.2
248	229	Amy	Robson	Vegan Runners UK	1:31:20.7
249	155	Nicola	Johnson		1:31:21.2
250	99	Keri	Gardiner		1:31:22.4
251	242	Michael	Sene		1:31:34.2
252	208	Andrew	Park	Torbay AAC	1:32:20.8
253	Unknown	Unknown			1:33:42.8
254	212	Kevin	Partridge		1:33:45.3
255	173	Becky	Lewis-Clark	Storm Plymouth	1:33:46.6
256	286	Kirsty	Wick	Storm Plymouth	1:34:06.7
257	230	Lisa	Rosewarne		1:34:07.5

258	6	Jilaine	Andrews	Storm Plymouth	1:34:20.2
259	266	Susan	Toyne		1:34:22.5
260	105	Michael	Goodwin		1:35:39.4
261	150	Georgina	James		1:35:52.5
262	87	Emma	Farleigh	Dawlish Coasters	1:36:17.4
263	48	Paul	Burgess		1:37:37.8
264	175	Julian	Lockyear	Pershore Plum Plodders	1:38:12.7
265	166	Kate	Larcombe	Storm Plymouth	1:38:13.2
266	279	Kim	Watkins	Storm Plymouth	1:38:14.0
267	185	Cathie	Mccuaig		1:38:14.6
268	91	Natalie	Follows		1:38:40.8
269	111	Sue	Grigg	Women on the Run	1:38:41.6
270	40	Helen	Britton		1:38:43.3
271	100	Jason	Gardiner		1:42:12.7
272	109	Brenda	Grant	South Devon AC	1:44:56.1
273	108	Cressida	Govier-Drake	Chard RRC	1:48:25.5
274	33	Teresa	Bosence	Women on the Run	1:49:09.1
275	121	Nicki	Hart	Women on the Run	1:49:11.6
276	241	Carol	Sene	Women on the Run	1:51:46.2
277	72	Sue	Davey		1:51:46.8
278	86	Jill	Ewen		1:55:51.5
279	39	Jennifer	Bridle		1:55:52.1
280	Sweeper	Tim	Lupton		1:55:57.7